

#### Statement Concerning Suggested Daily Caloric Intake:

The Dietary Guidelines for Americans recommend limiting saturated fat to 20 grams and sodium to 2,300 mg for a typical adult eating 2,000 calories daily. Recommended limits may be higher or lower depending upon daily calorie consumption.

#### Important Statement:

Nutrition information is based on analysis by R-TECH and Commercial Testing Laboratory, Inc., and representative values from manufacturers, Genesis R&D® SQL and the USDA. Allergen information is provided by the ingredient or product manufacturer. The information in this brochure assumes compliance by locations with ingredient requirements and standardized preparation procedures. Seasonal and manufacturer variations may also affect information.

This brochure is for permanent menu items in DQ® approved system food restaurants (*DQ Grill & Chill*®, *Brazier*®, and Limited *Brazier* locations). It does not apply to: (1) limited time offers or test items; (2) non-system food locations that sell food products not approved by DQ (you can identify approved system food locations by the *DQ Grill & Chill*, *Brazier*, or Limited *Brazier* signs or by asking the restaurant operator); (3) food restaurants in Texas, which have their own authorized food system and nutrition information; (4) soft-serve products in some Illinois and New Jersey stores that use a soft-serve differing significantly in nutritional content from the standard DQ soft-serve, including increased butterfat content in the NJ stores; (5) some location-specific menu items.

If you have questions about a menu item, please contact the store operator or manager.

#### Allergen Statement:

DQ locations contain allergens that may come into contact with your food. Since allergens are present in every DQ location and cross-contact can easily occur, we cannot guarantee any item to be allergen free nor the accuracy of the data as it relates to prepared menu items at a location. We suggest you inform the restaurant of any allergies prior to ordering and ask to see the ingredient listing on the packaging for the product you would like to purchase.

**Peanuts/Nuts:** Peanuts and nuts are found and used in many products sold in DQ locations, and it is impossible to guarantee that any DQ product will be free of peanut or other nut allergens.

**Fish/Shellfish:** DQ locations use the same equipment (including fryers) to prepare fish/shellfish as is used for non-fish/shellfish items like French Fries. While the frying process typically denatures the allergenic protein, it is possible for the fish/shellfish allergenic protein to remain in the frying oil or on equipment surfaces and contact other DQ products.

**Soybean Oil:** Our frying oil is a vegetable oil blend with soybean oil. While soybean oil is not recognized as an allergen, consult your doctor as to whether you should avoid soybean oil.

**Gluten Sensitive:** Gluten is in many DQ products and cross contact may easily occur during product preparation. For those with gluten sensitivity, we recommend trying one of our manufactured novelties: *Dilly Bars*, *Buster Bar* Treats, Fudge Bars, Vanilla Orange Bars, or *Starkiss*® Bars, which can be found in sealed plastic wrappers. These products are made without wheat, rye, oats, or barley in a facility that has limited cross contact risk. This does not include *Dilly Bars* or *Buster Bar* Treats in paper bags, which are made on the store premises and are subject to potential cross contact.

For more detailed information on food ingredients, we suggest you visit the U.S. Food and Drug Administration Center for Food Safety and Applied Nutrition Web site at [www.cfsan.fda.gov](http://www.cfsan.fda.gov). For more detailed information about food allergies, we suggest you visit the Food Allergy and Anaphylaxis Network Web site at [www.foodallergy.org](http://www.foodallergy.org).

\* Locally sourced ingredients are used in this menu item. please verify allergens at your local restaurant.

\*\*\* Some DQ locations may use a chocolate flavored cone coating that has higher levels of trans fat. If the DQ location uses chocolate flavored cone coating with code #2535, the nutrition information for these products is:

#### Turtle Pecan Cluster Blizzard®:

**Mini:** Calories 410, Saturated Fat 9g, Trans Fat 1g, Sugars 39g. **Small:** Total Fat 34g, Saturated Fat 16g, Trans Fat 1.5g, Total Carbohydrate 88g, Dietary Fiber 1g, Sugars 66g, Iron 20% DV.

**Medium:** Calories 1040, Calories from Fat 510, Total Fat 56g, Saturated Fat 25g, Trans Fat 2.5g, Total Carbohydrate 118g, Sugars 86g, Protein 18g, Iron 25% DV. **Large:** Calories 1480, Calories from Fat 740, Total Fat 82g, Saturated Fat 37g, Trans Fat 4g, Sodium 620mg, Total Carbohydrate 162g, Dietary Fiber 4g, Sugars 118g, Protein 25g, Iron 35% DV.

#### DQ Dipped Cone, Chocolate:

**Child's:** Saturated Fat 6g, Trans Fat 0.5g, Total Carbohydrate 29g, Protein 5g, Iron 8% DV. **Small:** Calories 340, Total Fat 16g, Saturated Fat 10g, Trans Fat 1.5g, Total Carbohydrate 41g, Sugars 29g, Iron 10% DV. **Medium:** Calories 480, Total Fat 23g, Saturated Fat 15g, Trans Fat 2g, Sodium 160mg, Total Carbohydrate 59g, Dietary Fiber 0g, Sugars 41g, Iron 15% DV. **Large:** Calories 670, Total Fat 31g, Saturated Fat 20g, Trans Fat 2.5g, Total Carbohydrate 83g, Dietary Fiber 0g, Sugars 59g, Iron 20% DV.

**8" Oreo Blizzard Cake, 1/8 slice:** Saturated Fat 16g, Trans Fat 1g, Sugars 57g.

**10" Oreo Blizzard Cake, 1/12 slice:** Calories 550, Trans Fat 0.5g.

**8" Reese's Peanut Butter Cups Blizzard Cake, 1/8 slice:** Saturated Fat 18g, Trans Fat 1g, Sodium 270mg, Dietary Fiber 1g, Iron 15% DV.

**10" Reese's Peanut Butter Cups Blizzard Cake, 1/12 slice:** Total Fat 28g, Saturated Fat 18g, Trans Fat 1g, Dietary Fiber 1g.

**8" Chocolate Xtreme Blizzard Cake, 1/8 slice:** Trans Fat 1g, Total Carbohydrate 82g.

**10" Chocolate Xtreme Blizzard Cake, 1/12 slice:** Calories from Fat 270,

Total Fat 30g, Saturated Fat 20g, Trans Fat 1g.

**Chocolate Dilly Bar:** Calories 200, Trans Fat 1g, Total Carbohydrate 21g, Fiber 1g.

**Buster Bar:** Trans Fat 1g, Protein 11g.

If you have questions or need additional information, write to:

Consumer Relations

P.O. Box 390286

Minneapolis, MN 55439-0286



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## 2012 Nutrition/Allergy Brochure Food & Treats U.S.



For the most current information visit our website at: [www.dq.com](http://www.dq.com)

**Allergens:**

E = Egg, F = Fish, M = Milk, P = Peanuts, SF = Shellfish

S = Soy, T = Tree Nuts, W = Wheat

( ) = May Contain

	Serving Size (g)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (% DV)	Vitamin C (% DV)	Calcium (% DV)	Iron (% DV)	Allergens	
CONES	Vanilla Cone - Kids'	99	170	45	4.5	3	0	15	70	27	0	18	4	6	0	15	6	
	Vanilla Cone - Small	142	230	60	7	4.5	0	25	100	36	0	26	6	10	0	20	8	M/S/W
	Vanilla Cone - Medium	199	330	90	10	6	0.5	30	140	53	0	36	9	15	0	25	10	M/S/W
	Vanilla Cone - Large	284	470	130	14	9	0.5	45	200	74	0	52	12	20	0	40	15	M/S/W
	Chocolate Cone - Kids'	99	180	45	5	3.5	0	15	80	28	0	17	5	10	0	10	6	
	Chocolate Cone - Small	142	240	70	7	5	0	20	115	37	0	25	6	15	0	15	8	M/S/W
	Chocolate Cone - Medium	199	340	90	10	7	0	30	160	54	0	34	9	20	0	20	10	M/S/W
	Chocolate Cone - Large	284	490	130	15	10	0	45	230	75	0	49	13	30	0	30	15	M/S/W
	Dipped Cone, Chocolate - Kids' ***	106	220	80	9	7	0	15	75	30	0	20	4	6	0	15	6	
	Dipped Cone, Chocolate - Small ***	156	330	140	15	12	0	25	105	42	0	31	6	10	0	20	8	M/S/W
	Dipped Cone, Chocolate - Medium ***	220	470	200	22	18	0.5	30	150	61	1	43	9	15	0	25	10	M/S/W
Dipped Cone, Chocolate - Large ***	312	660	270	30	24	0.5	45	220	85	1	61	13	20	0	40	15	M/S/W	
SUNDAES	Sundae, Banana - Small	163	230	60	7	4.5	0	25	90	37	1	29	6	10	4	20	8	
	Sundae, Banana - Medium	234	330	90	10	6	0.5	30	130	53	1	42	8	15	6	25	10	M
	Sundae, Banana - Large	333	470	130	14	9	0.5	45	190	76	1	59	12	20	8	40	15	
	Sundae, Caramel - Small	163	300	70	8	5	0	25	140	50	0	35	6	10	0	20	8	
	Sundae, Caramel - Medium	234	430	100	11	7	0.5	35	210	74	0	51	9	15	0	25	10	M
	Sundae, Caramel - Large	333	610	150	16	11	1	55	290	103	0	72	12	20	0	40	15	
	Sundae, Cherry - Small	163	240	60	7	4.5	0	25	100	39	0	33	6	10	0	20	8	
	Sundae, Cherry - Medium	234	350	90	10	6	0.5	30	140	57	0	48	8	15	0	25	10	M
	Sundae, Cherry - Large	333	490	130	14	9	0.5	45	200	80	0	68	11	20	2	40	15	
	Sundae, Chocolate - Small	163	280	80	8	4.5	0	25	115	48	1	41	6	10	0	20	8	
	Sundae, Chocolate - Medium	234	400	110	12	7	0.5	30	170	70	1	60	8	15	0	25	10	M
	Sundae, Chocolate - Large	333	570	160	17	10	1	45	240	98	1	84	12	20	0	40	15	
	Sundae, Hot Fudge - Small	163	300	90	10	8	0	25	135	46	0	36	6	10	0	20	8	
	Sundae, Hot Fudge - Medium	234	440	130	15	11	0.5	35	200	67	1	52	9	15	0	30	10	M/S
	Sundae, Hot Fudge - Large	333	610	190	21	16	1	50	280	94	1	74	13	20	0	40	15	
	Sundae, Marshmallow - Small	163	290	60	7	4.5	0	25	105	50	0	42	6	10	0	20	8	
	Sundae, Marshmallow - Medium	234	410	90	10	6	0.5	30	150	74	0	61	8	15	0	25	10	M
	Sundae, Marshmallow - Large	333	580	120	14	9	0.5	45	220	103	0	85	11	20	0	40	15	
	Sundae, Peanut Butter - Small	163	390	200	22	7	0	25	260	39	1	28	9	10	0	20	8	
	Sundae, Peanut Butter - Medium	243	570	290	32	10	0.5	35	390	56	2	40	13	15	0	25	10	M/P/S (T)
Sundae, Peanut Butter - Large	333	790	400	44	14	1	45	540	80	3	58	18	20	0	40	15		
Sundae, Pineapple - Small	163	230	60	7	4.5	0	25	100	38	0	32	6	10	0	20	8		
Sundae, Pineapple - Medium	234	340	90	10	6	0.5	30	140	54	0	47	8	15	2	25	10	M	
Sundae, Pineapple - Large	333	480	130	14	9	0.5	45	200	77	0	66	11	20	2	40	15		
Sundae, Strawberry - Small	192	260	60	7	4.5	0	25	105	44	0	36	6	10	40	20	8		
Sundae, Strawberry - Medium	248	350	90	10	6	0.5	30	140	56	0	47	8	15	40	25	10	M	
Sundae, Strawberry - Large	333	480	120	14	9	0.5	45	200	76	0	63	12	20	40	40	15		
WAFFLE TREATS	Turtle Waffle Bowl Sundae	304	810	320	35	18	0.5	35	300	115	2	74	11	10	0	25	15	E/M/S/T/W
	Choc. Cov. Strawberry Waffle Bowl Sundae	318	760	350	38	30	0.5	30	170	96	2	74	10	10	40	25	15	E/M/S/W
	Fudge Brownie Temptation Waffle Bowl Sundae	318	940	430	48	22	0.5	40	440	121	2	89	13	15	0	25	20	E/M/S/W
	Chocolate Coated Waffle Cone w/ Soft Serve	247	540	190	21	13	0.5	35	170	77	1	57	10	15	0	30	15	E/M/S/W
	Plain Waffle Cone with Soft Serve	226	420	110	13	7	0.5	35	135	67	0	47	10	15	0	30	15	E/M/S/W
ROYAL TREATS®	Peanut Buster® Parfait	304	710	280	31	18	0.5	35	350	96	3	71	17	15	0	30	10	M/P/S
	Banana Split	374	520	130	14	10	0.5	30	150	94	4	73	9	15	30	25	10	M/S
	Oreo® Brownie EarthQuake® Treat	304	740	250	27	15	0.5	65	350	149	2	86	11	15	0	25	15	E/M/S/W (T)
	Peanut Butter Bash™	256	580	240	27	15	0.5	35	300	73	2	55	11	15	0	30	10	M/P/S (T)
	Pecan Mudslide® Treat	275	640	270	30	12	0.5	35	310	83	2	58	11	15	0	30	15	M/T/S
Strawberry Shortcake	255	480	150	17	13	0	70	370	75	1	62	8	10	40	25	15	E/M/S/W	

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NOVELTIES	Chocolate <i>Dilly</i> ® Bar***	87	240	140	15	9	0	15	70	24	1	20	4	6	0	10	0	M/S
	No Sugar Added <i>Dilly</i> Bar	88	190	120	13	10	0	15	60	24	5	5	3	8	0	10	2	M/S
	Chocolate Mint <i>Dilly</i> Bar	87	240	140	15	9	0	15	70	24	1	20	4	6	0	10	0	M/S
	Butterscotch <i>Dilly</i> Bar	87	210	100	11	9	0	15	105	24	0	20	3	6	0	10	0	M/S
	Cherry <i>Dilly</i> Bar	88	210	110	12	8	0	15	80	24	0	20	3	6	0	10	0	M/S
	<i>Heath</i> ® <i>Dilly</i> Bar	87	220	120	13	10	0	15	95	25	0	22	3	6	0	10	0	M/T/S
	<i>Buster Bar</i> ® Treat***	148	460	250	28	16	0	15	220	44	2	36	11	6	0	20	8	M/P/S
	<i>DQ</i> Sandwich	85	190	45	5	3	0	10	135	31	1	18	4	4	0	10	6	M/S/W
	Cherry <i>StarKiss</i> ® Bar	85	80	0	0	0	0	0	10	21	0	17	0	0	0	0	0	(M)
	Stars & Stripes <i>StarKiss</i> Bar	85	80	0	0	0	0	0	10	21	0	17	0	0	0	0	0	(M)
	Fudge Bar	66	50	0	0	0	0	0	70	13	6	4	4	6	0	8	0	M
	Vanilla Orange Bar	66	60	0	0	0	0	0	40	18	6	4	2	2	0	8	0	M
	<i>DQ</i> Home-Pak	751	1150	340	38	25	2	130	510	171	0	143	31	60	0	110	40	M
<i>DQ</i> ® CAKES	<i>DQ</i> Cake, 10", 1/12 slice	213	410	140	15	11	0.5	30	200	60	1	47	8	15	0	25	15	M/S/W
	<i>DQ</i> Cake, 8", 1/8 slice	209	410	140	15	11	1	30	210	59	1	46	9	15	0	20	10	
	<i>DQ</i> Heart Cake, 1/10 slice	143	290	100	11	8	0.5	20	150	42	1	32	6	10	0	15	6	
	<i>DQ</i> Loq Cake, 1/8 slice	142	310	110	12	8	0.5	15	170	44	1	33	6	10	0	15	6	
	<i>DQ</i> Sheet Cake, 1/24 slice	154	320	110	13	9	0.5	20	170	47	1	35	6	10	0	15	8	
	<i>Oreo</i> ® <i>Blizzard</i> Cake, 10", 1/12 slice***	237	540	200	23	15	0	30	320	76	1	58	9	10	0	25	15	M/S/W
	<i>Oreo</i> <i>Blizzard</i> Cake, 8", 1/8 slice***	232	550	220	24	17	0	30	310	75	1	58	9	10	0	25	15	
	<i>Reese's</i> ® PB Cups <i>Blizz.</i> Cake 10", 1/12 slice***	247	580	240	27	19	0.5	30	280	77	2	63	11	15	0	25	15	M/P/S/W
	<i>Reese's</i> PB Cups <i>Blizzard</i> Cake 8", 1/8 slice***	238	580	240	27	19	0	30	270	76	2	62	10	10	0	25	10	
	Choc. Xtreme <i>Blizzard</i> Cake, 10", 1/12 slice***	255	630	260	29	21	0.5	35	320	84	2	65	10	15	0	25	20	E/M/S/W
Choc. Xtreme <i>Blizzard</i> Cake, 8", 1/8 slice***	249	620	260	29	20	0.5	35	310	83	2	64	10	15	0	25	20		
BURGERS Weights are based on precooked measurements	1/4 lb. Bacon Cheese <i>GrillBurger</i> ™	243	630	330	37	13	1	95	1250	44	2	13	30	20	6	25	20	E/M/S/W*
	1/2 lb. <i>FlameThrower</i> ® <i>GrillBurger</i>	323	1000	660	74	26	2	170	1610	40	2	9	46	25	8	30	25	E/M/S/W*
	1/4 lb. Mushroom Swiss <i>GrillBurger</i>	196	570	310	35	11	1	75	820	39	2	8	24	2	0	25	20	E/M/S/W*
	1/2 lb. <i>GrillBurger</i> with Cheese	323	800	460	51	20	2	135	1280	44	3	13	40	25	6	35	25	E/M/S/W*
	1/4 lb. <i>GrillBurger</i> with Cheese	231	540	270	30	11	1	70	1020	44	3	13	23	20	6	25	20	E/M/S/W*
	Original Cheeseburger	156	400	160	18	9	0.5	65	930	34	1	8	19	10	0	10	15	M/S/W*
BASKETS Basket nutrition does not include a drink	Original Double Cheeseburger	226	630	310	34	18	1.5	125	1240	34	1	9	34	15	0	20	25	M/S/W*
	Chick. Strip Basket - 4pc w/ Country Gravy	432	1030	480	53	9	0.5	80	2780	105	9	4	35	2	0	10	30	M/S/W*
	Chick. Strip Basket - 6pc w/ Country Gravy	517	1260	590	66	11	0.5	120	3500	121	12	4	49	2	0	10	35	M/S/W*
	Chicken Quesadilla Basket	517	1160	540	60	25	1.5	115	2930	110	6	7	44	20	25	100	30	E/M/S/W
	Veggie Quesadilla Basket	463	1100	530	59	25	1.5	90	2500	110	6	7	31	20	20	100	25	E/M/S/W
IRON GRILLED SANDWICHES	Popcorn Shrimp Basket	426	1000	440	49	22	0	125	3650	116	8	3	19	0	0	8	30	E/M/S/SF/W*
	Iron Grilled Turkey Sandwich	233	550	210	23	7	0	85	1600	43	2	2	34	15	6	20	15	E/M/S/W
	Iron Grilled Classic Club Sandwich	268	600	220	24	8	0	85	1950	55	3	4	33	20	8	20	20	E/M/S/W
	Iron Grilled Supreme BLT Sandwich	172	600	300	34	9	0	75	1380	40	2	2	28	10	6	8	15	E/S/W
	Iron Grilled Cheese Sandwich	146	420	120	14	8	0	35	1230	52	2	3	17	10	0	30	15	M/S/W
SANDWICHES, SALADS AND WRAPS	Crispy Chicken Sandwich	212	600	270	30	4.5	0	55	1250	59	7	8	24	10	6	15	15	E/S/W (M)*
	Grilled Chicken Sandwich	180	360	140	15	2.5	0	50	1040	32	1	5	25	10	8	6	15	E/S/W (M)*
	Crispy <i>FlameThrower</i> Chicken Sandwich	267	830	460	51	11	0	95	2160	63	8	9	34	25	6	25	15	E/S/W (M)*
	Crispy Chicken Salad	424	470	240	26	9	0	85	1240	29	7	8	30	110	70	80	20	M/S/W
	Grilled Chicken Salad	424	330	140	15	8	0	80	1200	13	4	8	36	110	80	80	20	M/S
	Side Salad	113	20	0	0	0	0	0	15	5	2	3	1	50	30	15	4	
	Crispy Chicken Wrap	116	350	190	21	5	0	35	820	30	2	1	12	10	2	10	10	E/M/S/W
Grilled Chicken Wrap	116	280	130	15	4	0	30	800	22	1	1	15	10	4	10	10	E/M/S/W	
Crispy <i>FlameThrower</i> Chicken Wrap	116	360	200	22	5	0	35	870	30	2	1	12	15	2	10	10	E/M/S/W	

HOT DOGS	Chili Cheese Dog	137	380	220	24	11	1	55	900	23	1	3	16	10	0	15	15	M/S/W (E/T)*
	Chili Dog	138	330	180	20	8	0.5	40	1050	24	1	5	13	8	0	6	15	S/W (E/T)*
	Foot-Long Chili Cheese Dog	233	670	390	43	19	1.5	95	1710	40	2	5	28	10	0	25	25	M/S/W (E/T)*
	Foot-Long Hot Dog	199	560	310	35	14	1	65	1600	39	2	6	20	4	0	10	20	S/W (E/T)*
	Hot Dog	110	290	160	17	7	0.5	35	900	22	1	4	11	4	0	6	10	S/W (E/T)*
KIDS' MEALS Kids' Meals nutrition does not include a drink or a treat	Hot Dog Kids'	110	290	160	17	7	0.5	35	900	22	1	4	11	4	0	6	10	S/W (E/T)*
	Cheeseburger Kids'	156	400	160	18	9	0.5	65	930	34	1	8	19	10	0	10	15	M/S/W*
	Chicken Strip Kids' (2)	81	220	110	12	2	0	40	750	15	2	0	13	0	0	0	0	S/W
	Grilled Cheese Kids'	103	320	120	13	8	0	35	960	30	1	2	13	15	0	30	10	M/S/W
	Fries	71	190	70	8	1	0	0	400	27	2	0	2	0	0	2	6	
SIDE ITEMS	Applesauce	113	90	0	0	0	0	0	30	23	1	22	0	0	4	0	2	
	Banana	126	110	5	0	0	0	0	0	29	3	15	1	2	20	0	2	
	French Fries - Kids'	71	190	70	8	1	0	0	400	27	2	0	2	0	0	2	6	
	French Fries - Regular	114	310	120	13	2	0	0	640	43	3	0	4	0	0	2	10	
	French Fries - Large	186	500	190	21	3.5	0	0	1040	70	5	0	6	0	0	2	15	
LOCAL FOOD ITEMS	Chili Cheese Fries	424	1020	460	51	15	0.5	55	2350	116	10	4	25	30	0	25	30	M/S
	Onion Rings	113	360	140	16	2	0	0	840	47	2	3	6	0	4	2	6	E/M/S/W
	Corn Dog	75	260	140	15	4	0	20	450	26	1	7	6	0	4	0	8	E/M/S/W
	Barbecue Beef Sandwich	142	350	130	14	4	0.5	40	700	40	2	8	17	10	4	4	20	F/M/S/W (E/T)*
	Barbecue Pork Sandwich	142	310	80	9	2.5	0	50	830	41	2	9	17	10	4	4	15	F/M/S/W (E/T)*
	Breaded Mushrooms	114	250	80	9	1	0	0	500	36	2	1	7	0	2	2	4	W
	Chili - Bowl	336	710	210	24	10	0	85	3900	881	33	44	80	80	50	20	50	S
	Chili - Cup	224	470	140	16	7	0	55	2600	54	2	2	29	60	35	15	35	S
	Deluxe Cheeseburger	177	400	160	18	9	0.5	65	930	35	1	9	20	20	6	10	15	M/S/W (E/T)*
	Deluxe Double Cheeseburger	247	640	310	34	18	1.5	125	1240	35	1	9	34	25	6	20	25	M/S/W (E/T)*
	Deluxe Double Hamburger	219	540	240	26	13	1	100	750	34	1	9	29	15	6	4	25	M/S/W (E/T)*
	Deluxe Hamburger	163	350	130	14	7	0.5	50	680	34	1	9	17	15	6	4	15	M/S/W (E/T)*
	<i>DQ Ultimate®</i> Burger	259	780	430	48	22	1.5	150	1390	34	1	7	41	20	6	20	25	E/M/S/W (T)*
	Crispy Fish Sandwich	184	470	200	22	3	0	20	1210	53	2	7	17	10	2	6	15	F/E/M/S/W (SF/T)*
	Cheese Curds	140	550	410	45	25	0	150	900	0	0	0	35	30	0	100	0	E/M/W
SALAD DRESSINGS AND CONDIMENTS	Country Gravy	113	90	50	6	2	0	0	480	8	0	1	1	0	0	2	0	M/S/W
	BBQ Dipping Sauce	56	80	0	0	0	0	0	430	1	1	15	1	2	8	2	4	
	Bleu Cheese Dipping Sauce	56	210	190	21	4	0	5	690	5	0	4	2	2	0	6	0	M/E/F
	Honey Mustard Dipping Sauce	56	250	190	21	3	0	20	380	16	0	9	1	0	0	2	2	E
	Ranch Dipping Sauce	56	320	310	35	5	0.5	20	490	2	0	2	0	0	0	0	0	E/M
	Sweet and Sour Dipping Sauce	56	90	0	0	0	0	0	240	24	0	22	0	0	4	0	0	
	Wild Buffalo Dipping Sauce	37	110	110	12	2	0	0	840	1	0	0	0	2	0	0	0	S
	Fat-Free Italian Dressing	42	15	0	0	0	0	0	360	4	0	2	0	0	0	0	0	
	Fat-Free Ranch Dressing	42	35	0	0	0	0	0	430	5	0	4	1	0	0	2	0	M
	Fat-Free Red French Dressing	42	40	0	0	0	0	0	320	10	0	7	0	2	0	0	2	
Fat-Free Thousand Island Dressing	42	60	0	0	0	0	0	390	16	0	10	0	2	0	0	0	E	
Breakfast	Biscuits & Gravy	365	730	430	47	17	1.5	15	2200	64	2	4	10	2	0	10	15	M/S/W
	Sausage Biscuit Sandwich	154	440	270	30	10	0.5	195	930	25	1	1	14	6	0	8	10	E/M/S/W
	Bacon Biscuit Sandwich	137	380	220	24	9	0.5	185	960	26	1	1	14	6	0	8	10	E/M/S/W
	Ham Biscuit Sandwich	154	360	190	21	8	0.5	185	1160	26	1	2	14	6	0	8	15	E/M/S/W
	Sausage Biscuit Twin Pack	180	600	330	36	15	0	50	1410	48	2	2	15	0	0	8	15	M/S/W
	Ultimate Breakfast Burrito	282	640	330	37	12	1.5	210	1250	55	4	2	20	10	8	20	20	E/M/S/W
	Country Platter	315	780	410	46	16	2	340	1710	69	4	3	21	10	2	15	30	E/M/S/W
	Ultimate Hashbrown Platter	354	660	390	43	14	2.5	370	1210	45	5	1	24	20	15	30	20	E/M
	Pancake Platter	131	310	60	6	1	0	0	740	57	3	9	8	20	0	10	10	E/M/S/W
	Hashbrowns	71	190	110	12	2.5	1	0	210	18	2	0	2	0	2	0	4	

**Allergens:**

E = Egg, F = Fish, M = Milk, P = Peanuts, SF = Shellfish

S = Soy, T = Tree Nuts, W = Wheat

( ) = May Contain

**BLIZZARD®  
TREATS**

	Serving Size (g)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (% DV)	Vitamin C (% DV)	Calcium (% DV)	Iron (% DV)	Allergens
Banana Cream Pie <i>Blizzard</i> - Mini	209	370	120	13	8	0	30	220	57	1	44	8	15	2	25	10	
Banana Cream Pie <i>Blizzard</i> - Small	307	570	190	21	14	0.5	50	330	85	1	64	11	20	2	35	15	E/M/S/W
Banana Cream Pie <i>Blizzard</i> - Medium	385	770	250	28	17	1	65	520	117	1	83	14	30	4	40	20	
Banana Cream Pie <i>Blizzard</i> - Large	542	1090	350	38	23	1	90	760	168	2	117	20	40	6	60	30	
Banana Split <i>Blizzard</i> - Mini	202	290	70	8	5	0	25	115	49	1	41	6	10	15	20	8	
Banana Split <i>Blizzard</i> - Small	297	440	120	14	9	0.5	45	190	71	1	58	11	20	8	35	15	M
Banana Split <i>Blizzard</i> - Medium	382	570	150	17	11	1	55	230	93	1	77	13	25	15	45	15	
Banana Split <i>Blizzard</i> - Large	527	780	210	23	15	1	75	320	129	2	107	18	30	20	60	25	
<i>Butterfinger</i> ® <i>Blizzard</i> - Mini	195	340	110	12	7	0.5	30	160	52	0	41	8	15	0	25	10	
<i>Butterfinger</i> <i>Blizzard</i> - Small	262	470	150	16	10	0.5	40	220	71	0	56	11	15	0	30	10	M/P/S
<i>Butterfinger</i> <i>Blizzard</i> - Medium	383	740	240	26	16	1	55	350	114	0	86	16	25	0	45	15	
<i>Butterfinger</i> <i>Blizzard</i> - Large	507	990	310	35	21	1	70	460	151	0	114	21	30	0	60	20	
Choco Cherry Love <i>Blizzard</i> - Mini	198	330	100	11	8	0.5	30	125	49	0	41	8	15	0	25	10	
Choco Cherry Love <i>Blizzard</i> - Small	280	460	150	17	12	0.5	45	180	69	1	58	11	20	0	35	15	M/S
Choco Cherry Love <i>Blizzard</i> - Medium	375	650	210	24	17	1	55	230	95	1	80	14	25	0	45	20	
Choco Cherry Love <i>Blizzard</i> - Large	532	920	310	34	25	1.5	80	320	136	2	115	20	35	0	60	25	
Chocolate Xtreme <i>Blizzard</i> - Mini	198	400	150	17	10	0.5	35	210	55	1	44	8	15	0	25	10	
Chocolate Xtreme <i>Blizzard</i> - Small	287	650	260	29	16	0.5	50	380	88	2	69	12	20	0	35	20	E/M/S/W
Chocolate Xtreme <i>Blizzard</i> - Medium	392	960	400	45	26	1	75	610	130	4	100	17	30	0	45	30	
Chocolate Xtreme <i>Blizzard</i> - Large	553	1420	610	67	38	1.5	105	900	189	7	145	24	45	0	60	40	
Cookie Dough <i>Blizzard</i> - Mini	202	420	140	16	9	0.5	35	230	62	1	45	8	15	0	25	10	
Cookie Dough <i>Blizzard</i> - Small	319	710	250	28	16	0.5	55	400	104	1	75	13	20	0	35	15	E/M/S/W
Cookie Dough <i>Blizzard</i> - Medium	446	1020	360	40	24	1	75	580	148	2	108	17	25	0	45	20	
Cookie Dough <i>Blizzard</i> - Large	560	1300	470	52	31	1.5	95	750	190	2	138	22	35	0	60	25	
Double Fudge Cookie Dough <i>Blizzard</i> - Mini	204	450	160	18	9	0.5	35	240	63	1	47	8	15	0	25	10	
Double Fudge Cookie Dough <i>Blizzard</i> - Small	322	750	290	32	16	1	55	420	107	2	77	13	20	0	35	15	E/M/S/W
Double Fudge Cookie Dough <i>Blizzard</i> - Med	425	1010	380	42	21	1	75	580	144	3	102	17	25	0	45	20	
Double Fudge Cookie Dough <i>Blizzard</i> - Large	542	1340	520	58	28	1.5	95	770	189	4	133	22	35	0	50	25	
French Silk Pie <i>Blizzard</i> - Mini	209	430	170	19	13	0.5	35	190	57	1	45	8	15	0	25	10	
French Silk Pie <i>Blizzard</i> - Small	308	670	270	30	19	0.5	50	310	90	1	69	12	20	0	35	15	E/M/S/W
French Silk Pie <i>Blizzard</i> - Medium	378	900	370	42	26	1	65	440	120	2	88	15	30	0	40	20	
French Silk Pie <i>Blizzard</i> - Large	539	1320	560	62	38	1	90	670	176	3	128	22	40	0	60	30	
<i>Georgia Mud Fudge</i> ® <i>Blizzard</i> - Mini	198	410	180	19	8	0.5	35	240	52	1	41	9	15	0	25	10	
<i>Georgia Mud Fudge</i> <i>Blizzard</i> - Small	290	680	310	35	13	0.5	50	430	82	3	63	13	20	0	35	20	E/M/S/T/W
<i>Georgia Mud Fudge</i> <i>Blizzard</i> - Medium	390	990	500	55	19	1	75	690	115	5	85	18	30	0	45	30	
<i>Georgia Mud Fudge</i> <i>Blizzard</i> - Large	546	1450	740	83	28	1	100	1000	164	8	122	26	45	0	60	40	
Hawaiian <i>Blizzard</i> - Mini	195	300	90	10	7	0	30	125	45	1	37	7	10	2	20	8	
Hawaiian <i>Blizzard</i> - Small	283	440	130	15	10	0.5	40	180	67	1	55	10	15	4	30	10	M/T
Hawaiian <i>Blizzard</i> - Medium	383	600	190	21	15	1	50	240	92	3	75	13	20	6	40	15	
Hawaiian <i>Blizzard</i> - Large	520	820	260	29	22	1	65	330	125	4	103	17	30	8	50	20	
<i>Heath</i> ® <i>Blizzard</i> - Mini	191	360	130	14	9	0.5	30	180	51	0	43	8	15	0	25	10	
<i>Heath</i> <i>Blizzard</i> - Small	290	600	230	26	16	1	50	310	83	1	73	11	20	0	35	15	M/S/T
<i>Heath</i> <i>Blizzard</i> - Medium	411	920	370	41	26	1	65	490	126	1	111	16	25	0	50	20	
<i>Heath</i> <i>Blizzard</i> - Large	550	1260	510	57	36	1.5	90	680	173	2	153	21	35	0	70	25	
<i>M&amp;M's</i> ® Chocolate Candy <i>Blizzard</i> - Mini	196	370	120	13	8	0.5	30	135	57	1	48	8	15	0	25	10	
<i>M&amp;M's</i> Chocolate Candy <i>Blizzard</i> - Small	326	660	210	23	14	1	55	230	101	1	87	13	20	0	40	15	M/S (T)
<i>M&amp;M's</i> Chocolate Candy <i>Blizzard</i> - Medium	397	840	270	30	19	1	65	270	127	2	110	16	25	0	50	20	
<i>M&amp;M's</i> Chocolate Candy <i>Blizzard</i> - Large	542	1140	370	41	25	1.5	85	380	176	2	152	22	35	0	70	25	

BLIZZARD® TREATS	Midnight Truffle <i>Blizzard</i> - Mini	196	400	170	19	11	0	30	150	54	1	44	8	10	0	25	10	E/M/S
	Midnight Truffle <i>Blizzard</i> - Small	345	750	330	37	21	0.5	55	280	99	3	80	15	20	0	40	20	
	Midnight Truffle <i>Blizzard</i> - Medium	467	1000	440	49	29	1	80	360	133	4	107	20	30	0	60	30	
	Midnight Truffle <i>Blizzard</i> - Large	590	1300	580	65	38	1.5	95	470	171	6	137	26	35	0	70	35	M/S/W
	Mint Oreo® <i>Blizzard</i> - Mini	205	400	120	14	7	0	30	280	62	1	48	8	10	0	25	10	
	Mint Oreo <i>Blizzard</i> - Small	294	560	160	18	10	0.5	40	360	87	1	69	11	20	0	35	15	
	Mint Oreo <i>Blizzard</i> - Medium	362	740	230	25	12	1	50	530	116	1	89	14	20	0	40	20	
	Mint Oreo <i>Blizzard</i> - Large	543	1070	320	36	18	1	75	730	168	2	131	21	30	0	60	30	M/S/W
	Oreo® Cookies <i>Blizzard</i> - Mini	189	350	110	13	7	0	30	240	52	0	40	8	10	0	25	10	
	Oreo Cookies <i>Blizzard</i> - Small	283	550	180	20	10	0.5	40	410	81	1	61	12	20	0	35	15	
	Oreo Cookies <i>Blizzard</i> - Medium	334	680	220	25	12	1	50	530	100	1	74	14	20	0	40	20	M/S/W
	Oreo Cookies <i>Blizzard</i> - Large	500	980	320	36	18	1	75	730	145	2	109	21	30	0	60	30	
	Oreo® CheeseQuake® <i>Blizzard</i> - Mini	198	380	130	15	8	0	40	250	53	0	41	8	15	2	25	10	
	Oreo CheeseQuake <i>Blizzard</i> - Small	276	580	220	25	14	0.5	75	410	78	1	58	12	15	4	30	15	E/M/S/W (P/T)
	Oreo CheeseQuake <i>Blizzard</i> - Medium	368	820	320	35	19	0.5	100	600	108	1	79	16	20	6	40	20	
	Oreo CheeseQuake <i>Blizzard</i> - Large	518	1140	440	49	26	1	140	840	151	1	111	23	30	6	50	30	
	Reese's® Peanut Butter Cups® <i>Blizzard</i> - Mini	195	360	130	14	8	0.5	30	180	50	1	43	9	15	0	25	10	M/P/S
	Reese's Peanut Butter Cups <i>Blizzard</i> - Small	287	530	190	21	11	0.5	45	270	74	1	62	13	20	0	40	15	
	Reese's Peanut Butter Cups <i>Blizzard</i> - Med	371	740	280	31	16	1	60	400	101	2	86	18	25	0	50	20	
	Reese's Peanut Butter Cups <i>Blizzard</i> - Large	507	1040	400	44	23	1	80	560	141	3	120	26	30	0	70	30	E/M/P/S
	Snickers® <i>Blizzard</i> - Mini	197	370	120	13	7	0.5	30	170	55	1	47	8	15	0	25	10	
	Snickers <i>Blizzard</i> - Small	326	670	230	26	13	1	50	310	99	1	83	15	20	0	40	15	
	Snickers <i>Blizzard</i> - Medium	397	850	300	33	17	1	60	400	123	2	103	18	25	0	50	20	E/M/S/W (P/T)
	Snickers <i>Blizzard</i> - Large	535	1140	400	44	22	1.5	85	530	168	3	141	24	35	0	70	25	
	Strawberry CheeseQuake® <i>Blizzard</i> - Mini	202	330	100	12	8	0	40	160	48	0	39	8	15	15	25	10	
	Strawberry CheeseQuake <i>Blizzard</i> - Small	280	510	180	20	13	0.5	75	280	69	0	54	12	20	15	30	15	E/M/S/W (P/T)
	Strawberry CheeseQuake <i>Blizzard</i> - Medium	371	690	250	28	18	1	105	380	92	0	72	15	25	25	40	15	
	Strawberry CheeseQuake <i>Blizzard</i> - Large	504	930	340	37	24	1	140	510	124	0	97	21	30	35	50	25	
	Turtle Pecan Cluster <i>Blizzard</i> - Mini ***	204	430	180	20	12	0.5	30	180	56	1	42	8	10	0	25	10	M/S/T
	Turtle Pecan Cluster <i>Blizzard</i> - Small ***	325	700	300	33	18	0.5	50	300	88	2	66	13	20	0	40	15	
Turtle Pecan Cluster <i>Blizzard</i> - Medium ***	439	1070	500	56	29	1	60	450	129	4	91	17	25	0	45	20		
Turtle Pecan Cluster <i>Blizzard</i> - Large ***	589	1470	740	82	42	1.5	85	600	164	5	120	24	35	0	70	30		
Banana Slices	28	25	0	0	0	0	0	0	6	1	3	0	0	4	0	0		
Butterfinger Pieces	28	110	40	4.5	2	0	0	55	18	0	11	1	0	0	0	0	M/P/S	
Caramel Topping	28	90	10	1	0.5	0	5	50	20	0	9	1	0	0	0	0	M	
Cheesecake Pieces	28	100	60	6	3.5	0	25	80	10	0	6	2	2	2	0	2	E/M/S/W (P/T)	
Brownie Pieces	28	130	60	6	3	0	10	150	17	1	11	1	4	0	2	6	E/M/S/W	
Choco Chunks	28	150	90	10	8	0	0	0	17	1	14	1	0	0	0	2	M/S	
Chocolate Chip Cookie Dough Pieces	28	130	50	6	3	0	5	95	18	0	10	1	2	0	0	2	E/M/S/W	
Chocolate Topping	28	70	15	1.5	0	0	0	25	17	1	16	0	0	0	0	0		
Cocoa Fudge	28	140	90	10	2	0	0	70	16	0	12	1	0	0	0	0	M/S	
Coconut Flakes	14	80	60	7	6	0	0	35	7	2	4	1	0	0	0	0	T	
Heath Pieces	28	150	80	9	5	0	5	95	17	0	17	1	2	0	2	0	M/T/S	
Hot Fudge Topping	28	90	30	3.5	3.5	0	0	45	15	0	10	1	0	0	0	0	M/S	
M&M's Chocolate Candies	28	140	50	6	3.5	0	5	20	20	1	18	1	2	0	2	2	M/S (P)	
Oreo Cookie Pieces	28	140	50	6	1.5	0	0	190	20	1	11	1	0	0	0	4	S/W	
Peanut Butter Topping	28	180	130	15	2	0	0	170	8	1	3	3	0	0	0	0	P/S (T)	
Peanuts	14	80	60	7	1	0	0	55	3	1	1	4	0	0	0	2	P	
Pecan Pieces	14	100	90	11	1	0	0	55	2	1	1	1	0	0	0	2	T	
Reese's Peanut Butter Cups Pieces	28	140	80	8	3	0	0	100	16	1	14	3	0	0	2	4	M/P/S	
Snickers Pieces	28	130	60	7	2.5	0	5	70	17	1	14	2	0	0	2	2	E/M/P/S	
Strawberry Topping	28	25	0	0	0	0	0	5	6	0	5	0	0	20	0	0		
Whipped Topping	28	90	60	7	7	0	0	0	7	0	7	0	0	0	0	0	M/S	

**Allergens:**

E = Egg, F = Fish, M = Milk, P = Peanuts, SF = Shellfish

S = Soy, T = Tree Nuts, W = Wheat

( ) = May Contain

	Serving Size (g)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (% DV)	Vitamin C (% DV)	Calcium (% DV)	Iron (% DV)	Allergens	
<b>DRINKS</b>	<i>Coca-Cola</i> ® - Small	480	160	0	0	0	0	10	43	0	43	0	0	0	2	0		
	<i>Coca-Cola</i> - Medium	630	220	0	0	0	0	15	56	0	56	0	0	0	2	0		
	<i>Coca-Cola</i> - Large	960	330	0	0	0	0	20	85	0	85	0	0	0	2	2		
	Diet <i>Coca-Cola</i> - Small	470	0	0	0	0	0	10	0	0	0	0	0	0	0	0		
	Diet <i>Coca-Cola</i> - Medium	617	0	0	0	0	0	10	0	0	0	0	0	0	0	0		
	Diet <i>Coca-Cola</i> - Large	939	0	0	0	0	0	15	0	0	0	0	0	0	0	0		
	<i>Sprite</i> ® - Small	487	150	0	0	0	0	40	42	0	42	0	0	0	0	0	0	
	<i>Sprite</i> - Medium	639	200	0	0	0	0	50	55	0	55	0	0	0	0	0	0	
	<i>Sprite</i> - Large	973	310	0	0	0	0	75	84	0	84	0	0	0	0	0	0	
	<i>Barq's</i> ® - Small	487	180	0	0	0	0	40	48	0	48	0	0	0	0	0	0	
	<i>Barq's</i> - Medium	639	230	0	0	0	0	50	63	0	63	0	0	0	0	0	0	
	<i>Barq's</i> - Large	973	350	0	0	0	0	80	96	0	96	0	0	0	0	0	0	
	<i>Pepsi</i> ® - Small	470	160	0	0	0	0	40	44	0	44	0	0	0	0	0	0	
	<i>Pepsi</i> - Medium	618	210	0	0	0	0	50	57	0	57	0	0	0	0	0	0	
	<i>Pepsi</i> - Large	941	320	0	0	0	0	80	87	0	87	0	0	0	0	0	0	
	Diet <i>Pepsi</i> - Small	487	0	0	0	0	0	40	0	0	0	0	0	0	0	0	0	
	Diet <i>Pepsi</i> - Medium	618	0	0	0	0	0	50	0	0	0	0	0	0	0	0	0	
	Diet <i>Pepsi</i> - Large	885	0	0	0	0	0	30	0	0	0	0	0	0	2	0		
	<i>Sierra Mist</i> ® - Small	487	170	0	0	0	0	45	43	0	43	0	0	0	0	0	0	
	<i>Sierra Mist</i> - Medium	639	220	0	0	0	0	55	57	0	57	0	0	0	0	0	0	
	<i>Sierra Mist</i> - Large	973	330	0	0	0	0	85	87	0	87	0	0	0	0	0	0	
	<i>Mountain Dew</i> ® - Small	487	190	0	0	0	0	80	51	0	51	0	0	0	0	0	0	
	<i>Mountain Dew</i> - Medium	618	240	0	0	0	0	100	64	0	64	0	0	0	0	0	0	
	<i>Mountain Dew</i> - Large	941	360	0	0	0	0	150	98	0	98	0	0	0	0	0	0	
	<i>Mua</i> ® - Small	487	160	0	0	0	0	65	47	0	47	0	0	0	0	0	0	
	<i>Mua</i> - Medium	639	210	0	0	0	0	85	62	0	62	0	0	0	0	0	0	
	<i>Mua</i> - Large	973	320	0	0	0	0	135	94	0	94	0	0	0	0	0	0	
	<i>Dr Pepper</i> ® - Small	480	160	0	0	0	0	55	43	0	43	0	0	0	0	0	0	
	<i>Dr Pepper</i> - Medium	630	210	0	0	0	0	75	57	0	57	0	0	0	0	0	0	
	<i>Dr Pepper</i> - Large	960	320	0	0	0	0	115	86	0	86	0	0	0	0	0	0	
Bottled Water	560	0	0	0	0	0	15	0	0	0	0	0	0	0	2	0		
Coffee - 12 oz.	355	0	0	0	0	0	0	5	0	0	0	0	0	0	0	0		
Milk, 2% - 8 oz.	224	110	40	4.5	3	0	15	105	11	0	11	7	8	0	25	0	M	
<b>MOOLATTE® FROZEN BLENDED COFFEE</b>	Cappuccino <i>MooLatté</i> - Small	371	450	140	16	12	0.5	30	150	65	0	58	8	15	0	25	10	M/S
	Cappuccino <i>MooLatté</i> - Medium	469	570	170	19	15	0.5	45	200	84	0	73	10	20	0	35	15	M/S
	Cappuccino <i>MooLatté</i> - Large	620	710	200	23	17	1	55	260	106	0	93	13	25	0	45	15	M/S
	Caramel <i>MooLatté</i> - Small	385	520	150	16	13	0.5	35	190	82	0	64	8	15	0	25	10	M/S
	Caramel <i>MooLatté</i> - Medium	483	650	180	20	15	0.5	45	250	103	0	81	10	15	0	30	10	M/S
	Caramel <i>MooLatté</i> - Large	383	690	210	23	18	1	55	330	107	0	77	13	20	0	40	15	M/S
	French Vanilla <i>MooLatté</i> - Small	389	500	140	15	12	0.5	30	150	80	0	67	8	15	0	25	10	M/S
	French Vanilla <i>MooLatté</i> - Medium	487	630	170	19	14	0.5	40	190	101	0	84	10	15	0	35	10	M/S
	French Vanilla <i>MooLatté</i> - Large	642	780	190	22	16	1	50	240	129	0	108	12	20	0	40	15	M/S
	Mocha <i>MooLatté</i> - Small	377	500	170	19	13	0.5	30	170	74	0	65	8	15	0	25	10	M/S
Mocha <i>MooLatté</i> - Medium	482	660	230	25	16	0.5	40	250	96	0	83	11	15	0	35	10	M/S	
Mocha <i>MooLatté</i> - Large	633	820	280	31	18	1	50	310	121	0	105	13	20	0	40	15	M/S	
<b>ARCTIC RUSH® FROZEN BEV.</b>	<i>Arctic Rush</i> , All Flavors - Small	387	210	0	0	0	0	0	41	0	41	0	0	0	0	0	0	
	<i>Arctic Rush</i> , All Flavors - Medium	496	260	0	0	0	0	0	53	0	53	0	0	0	0	0	0	
	<i>Arctic Rush</i> , All Flavors - Large	659	350	0	0	0	0	0	70	0	70	0	0	0	0	0	0	
<b>ARCTIC RUSH® FREEZES</b>	<i>Arctic Rush Freeze</i> , All Flavors - Small	337	380	90	10	6	0.5	35	140	65	0	58	8	15	0	25	10	M
	<i>Arctic Rush Freeze</i> , All Flavors - Medium	414	470	110	12	8	0.5	40	170	80	0	71	10	20	0	35	15	M
	<i>Arctic Rush Freeze</i> , All Flavors - Large	560	610	140	15	10	1	50	220	107	0	95	12	25	0	40	15	M
<b>ARCTIC RUSH® FLOATS</b>	<i>Arctic Rush Float</i> , All Flavors - Small	375	330	50	6	4	0	20	95	65	0	61	5	10	0	15	6	M
	<i>Arctic Rush Float</i> , All Flavors - Medium	472	420	60	7	4.5	0	25	115	82	0	76	6	15	0	20	8	M
	<i>Arctic Rush Float</i> , All Flavors - Large	623	550	80	9	6	0.5	30	150	108	0	101	7	15	0	25	10	M

SHAKES AND MALTS	Shake, Banana - Small	359	480	160	18	14	0.5	45	190	68	1	56	12	20	4	40	10	M/S
	Shake, Banana - Medium	444	580	190	21	16	1	55	240	85	1	69	15	25	6	50	15	
	Shake, Banana - Large	593	750	240	26	19	1	70	310	111	2	89	20	30	10	70	20	
	Shake, Caramel - Small	366	560	180	20	15	0.5	50	250	83	0	63	13	20	0	40	10	M/S
	Shake, Caramel - Medium	466	740	210	24	17	1	65	350	117	0	84	16	25	0	50	15	
	Shake, Caramel - Large	607	960	260	29	21	1	80	470	155	0	109	21	30	0	70	20	
	Shake, Cherry - Small	366	500	170	18	14	0.5	45	200	72	0	61	12	20	0	40	10	M/S
	Shake, Cherry - Medium	466	630	190	22	16	1	55	260	94	0	81	15	25	2	50	15	
	Shake, Cherry - Large	629	830	240	27	20	1	75	350	126	1	108	20	35	2	70	20	
	Shake, Chocolate - Small	366	540	180	20	14	1	45	220	81	1	69	12	20	0	40	10	M/S
	Shake, Chocolate - Medium	466	700	220	25	16	1	55	290	112	1	97	16	25	0	50	15	
	Shake, Chocolate - Large	607	900	280	31	19	1.5	70	380	148	2	128	20	30	0	70	20	
	Shake, Hot Fudge - Small	366	560	200	22	17	0.5	45	240	79	1	64	13	20	0	40	10	M/S
	Shake, Hot Fudge - Medium	466	750	260	29	23	1	55	330	108	1	86	17	25	0	50	15	
	Shake, Hot Fudge - Large	607	970	330	36	29	1.5	75	450	141	1	112	22	30	0	70	20	
	Shake, Peanut Butter - Small	366	640	300	33	16	0.5	45	370	71	1	56	15	20	0	40	10	M/P/S (T)
	Shake, Peanut Butter - Medium	466	920	470	52	21	1	55	590	94	3	70	21	25	0	50	15	
	Shake, Peanut Butter - Large	607	1230	640	71	26	1	70	830	120	4	88	29	30	0	70	20	
	Shake, Strawberry - Small	366	490	170	18	14	0.5	45	200	70	0	59	12	20	20	40	10	M/S
	Shake, Strawberry - Medium	466	610	190	22	16	1	55	260	90	0	76	15	25	40	50	15	
	Shake, Strawberry - Large	607	770	230	26	19	1	70	330	114	1	96	20	30	60	70	20	
	Shake, Vanilla - Small	364	520	170	19	14	0.5	45	200	77	0	63	12	20	0	45	10	M/S
	Shake, Vanilla - Medium	451	650	200	22	16	1	60	250	98	0	80	15	25	0	50	15	
	Shake, Vanilla - Large	596	840	250	28	20	1	80	340	128	0	104	21	35	0	70	20	
	Malt, Banana - Small	373	540	170	19	14	0.5	45	230	80	1	65	13	20	4	45	10	M/S/W
	Malt, Banana - Medium	465	670	200	22	16	1	55	300	102	1	83	17	25	6	50	15	
	Malt, Banana - Large	621	860	250	27	20	1	75	390	134	2	108	22	30	10	70	20	
	Malt, Caramel - Small	380	610	180	20	15	0.5	50	290	95	0	72	14	20	0	45	10	M/S/W
	Malt, Caramel - Medium	487	830	220	25	18	1	65	410	134	0	98	18	25	0	50	15	
	Malt, Caramel - Large	635	1080	280	31	22	1	85	550	178	0	128	23	30	0	70	20	
Malt, Cherry - Small	380	560	170	19	14	0.5	45	240	83	0	71	13	20	0	45	10	M/S/W	
Malt, Cherry - Medium	487	710	200	22	16	1	60	310	112	0	95	17	25	2	50	15		
Malt, Cherry - Large	635	910	240	27	19	1	75	410	144	1	122	22	30	2	70	20		
Malt, Chocolate - Small	380	590	190	21	14	1	45	260	92	1	79	14	20	0	45	10	M/S/W	
Malt, Chocolate - Medium	487	790	230	26	17	1	60	350	130	1	111	17	25	0	50	15		
Malt, Chocolate - Large	635	1020	290	32	20	1.5	75	460	171	2	147	23	30	0	70	20		
Malt, Hot Fudge - Small	380	620	200	22	18	1	45	280	90	1	73	14	20	0	45	10	M/S/W	
Malt, Hot Fudge - Medium	487	840	270	30	23	1	60	390	126	1	100	18	25	0	60	15		
Malt, Hot Fudge - Large	635	1090	340	38	30	1.5	75	520	165	1	131	24	30	0	70	20		
Malt, Peanut Butter - Small	380	700	310	34	16	0.5	45	410	83	1	65	16	20	0	45	10	M/P/S/W (T)	
Malt, Peanut Butter - Medium	487	1010	480	53	21	1	60	650	111	3	84	23	25	0	50	15		
Malt, Peanut Butter - Large	635	1350	650	72	26	1	75	910	143	4	107	31	30	0	70	20		
Malt, Strawberry - Small	380	550	170	19	14	0.5	45	240	81	0	68	13	20	20	45	15	M/S/W	
Malt, Strawberry - Medium	487	700	200	22	17	1	60	310	107	0	90	17	25	40	60	15		
Malt, Strawberry - Large	635	880	240	27	20	1	75	410	137	1	115	22	30	60	70	20		
Malt, Vanilla - Small	378	580	170	19	14	0.5	50	240	89	0	73	14	20	0	45	15	M/S/W	
Malt, Vanilla - Medium	472	740	210	23	17	1	60	310	116	0	94	17	25	0	60	15		
Malt, Vanilla - Large	624	950	260	29	21	1	80	410	151	0	122	23	35	0	80	20		
LEMONADE CHILLERS	Lemonade Chiller, Classic, Small	354	250	0	0	0	0	0	0	55	0	54	0	0	15	0	0	
	Lemonade Chiller, Classic, Medium	489	380	0	0	0	0	0	0	87	0	84	0	0	30	0	0	
	Lemonade Chiller, Classic, Large	673	600	0	0	0	0	0	5	143	0	137	0	0	60	0	0	
	Lemonade Chiller, Strawberry, Small	393	280	0	0	0	0	0	10	64	0	61	0	0	40	0	0	
	Lemonade Chiller, Strawberry, Medium	528	420	0	0	0	0	0	10	96	0	91	0	0	60	0	0	
Lemonade Chiller, Strawberry, Large	751	680	0	0	0	0	0	25	161	0	151	1	0	120	2	2		